

WHO Surgical Safety Checklist — ERAS adapted

The ERAS additions are marked. Read it aloud; a form completed silently saves nobody.

SIGN IN Before induction of anaesthesia — with at least the nurse and the anaesthetist	
☐	Patient has confirmed identity, site, procedure and consent
☐	Site marked / not applicable
☐	Anaesthesia machine and medication check complete
☐	Pulse oximeter on the patient and functioning
☐	Does the patient have a known allergy?
☐	Difficult airway or aspiration risk? Equipment and assistance available?
☐	Risk of >500 mL blood loss (7 mL/kg in children)? Access and fluids planned?
☐	ERAS: fasting confirmed — solids 6 h, clear fluids 2 h. Carbohydrate drink given?
☐	ERAS: VTE prophylaxis prescribed and timed around any neuraxial block?

TIME OUT Before skin incision — with the whole team, everyone stopped and facing each other	
☐	All team members have introduced themselves by NAME and ROLE
☐	Surgeon, anaesthetist and nurse confirm patient, site and procedure aloud
☐	Anticipated critical events — Surgeon: steps, duration, expected blood loss
☐	Anticipated critical events — Anaesthetist: patient-specific concerns
☐	Anticipated critical events — Nursing team: sterility, equipment, issues
☐	Antibiotic prophylaxis given within the last 60 minutes?
☐	Essential imaging displayed?
☐	ERAS: active warming in place and temperature monitoring started?
☐	ERAS: analgesia plan agreed — regional technique, scheduled non-opioids?
☐	ERAS: PONV prophylaxis matched to the Apfel score?

SIGN OUT Before the patient leaves theatre — the ward inherits whatever is said here	
☐	Nurse confirms aloud the name of the procedure recorded
☐	Instrument, swab and sharp counts are correct
☐	Specimens labelled, including patient name, read aloud
☐	Any equipment problems to be addressed
☐	Surgeon, anaesthetist and nurse state key concerns for recovery
☐	ERAS: ANALGESIA PLAN stated — technique, block duration, scheduled drugs, rescue and its ceiling
☐	ERAS: FEEDING PLAN stated — oral fluids when, diet within 24 h
☐	ERAS: MOBILISATION PLAN stated — out of bed this evening, ≥3 h/day from POD 1

☐	ERAS: TUBES — what is in, and the written removal trigger for each
☐	ERAS: temperature at handover recorded (target $\geq 36^{\circ}\text{C}$)

Two indicators, monthly, from the medical record. Utilisation = checklists completed $\div$ operations performed. **Completeness** = fully completed checklists $\div$ checklists completed. A unit at 95% utilisation and 40% completeness has a paperwork habit, not a safety practice.